

July 5, 2025

Dear East Bay Pediatrics Families,

We at East Bay Pediatric & Adolescent Medicine are committed to providing the very best, compassionate, evidence-based care to all our patients. We are confident that timely, complete vaccination is an essential part of that care. Vaccinations protect your children and all children in our office and the community at large from serious, possibly deadly illnesses. Some children in our practice are too young to be vaccinated or have illnesses that preclude them from vaccinations. Their safety depends on the rest of us.

With the resurgence of diseases like measles and pertussis which can especially jeopardize our most vulnerable patients, we feel we must formalize the following policy:

1. We will not accept any new patients who intend to forgo vaccination. For our current patient population that is currently not up to date with immunizations, we need you to come in to get fully immunized.
2. We very strongly recommend following the standard AAP recommended vaccination schedule. There is no evidence supporting the idea that spacing out vaccinations provides any advantage and in fact doing so simply increases the likelihood of your child contracting a vaccine preventable disease. Your child is more likely to be harmed during the extra drive to our office than by the vaccine.
3. To remain a member of our practice community, all children must be up to date with all their recommended vaccinations at 6 months old, 15 months, 5 years old and 13 years old unless medically contraindicated.

We understand that there will be a few individuals who feel that they cannot follow this policy. We are happy to explain the reasoning behind this policy but cannot be flexible in its requirements for the safety of the rest of our patients. If you cannot abide by these requirements, we will do our best to make your transfer to another practice as smooth as possible.

Please feel free to discuss this policy with your Doctor, Physician Assistant or Nurse Practitioner.

Sincerely,

East Bay Pediatric & Adolescent Medicine